

12243 Eliminate the Pain of Contact Stress

Safety Meeting Agenda:

Plan and Prepare

Refer to the "Tips For Safety Talks!" for ideas on planning this safety meeting. Read through the article ahead of time to help you with your presentation. Add further questions to those we have provided at the end of this talk.

1. Tour your workplace and observe where employees are subjected to contact stress.
2. Research the long-term effects of contact stress as they relate to repetitive strain injuries.
3. Prepare to solicit feedback from your crew.
4. Ask an employee who has suffered from contact stress to talk about how it developed.
5. **Fact:** Poor tool design can lead to contact stress. Do an inventory of your workplace tools to check their design.
6. List ways to reduce or eliminate contact stress at your worksite.
7. Prepare to demonstrate how to make a workstation more ergonomically friendly.

The Meeting

Start your meeting promptly.

Report on any follow-up to safety concerns raised at the previous safety talk:

Ask participants what safety problems they have observed on their jobs since the last meeting:

Determine what action should be taken to fix these safety problems. Write them here and take action before the next meeting:

Read today's topic, and ask the participants to read along in their handouts. Add your own comments to the material, including your own company's procedures.

Quiz Answers:

1. True **2.** False **3.** True **4.** True **5.** False

Thank your group members for their involvement in today's safety meeting.